## Y Ffordd Braf



#### Gaeaf-2016 - Winter

The magazine for the churches and communities of the Epynt a'r Wysg Ministry Area in the Usk Valley











#### Editorial

Welcome to our Winter edition of "Y Ffordd Braf". Please let us have news of your events, both what has taken place and what is planned. We shall be glad also to include articles of interest, on community news and issues of importance, and on the history, customs or wildlife of the villages. The copy date for the next issue, with dates of Easter and Spring events is February 21st.

Look out for all the little opportunities for colouring. How many can you find?

John Clifford, tel 01874 638178, john.migley@btinternet.com Sue James, tel 01874 636126, tysiloh@gmail.com Siân Miller, tel 01874 638855, sian.miller@btinternet.com

Advertisements: For a code of conduct contact John Clifford, tel 01874 638178, john.migley@btinternet.com

## Epynt a'r Wysg Ministry Area making progress

Our combined magazine is just one example of working together as a Ministry Area. On Thursday 22nd December we will be holding a combined Carol Service at St Cynog's Church, Defynnog and look forward to welcoming everyone across the Ministry Area.



#### Who and where

Rev M P Wilding, Bryn Orsaf, Sennybridge, LD3 8RR 01874 638927

Blaenwysg Benefice

Benefice wardens: Paula Jones 01874 638863

Paul Salisbury 01874 636943

St Cynog, Defynnog, LD3 8SB

Church wardens: Paul Salisbury 01874 636943

Siân Miller 01874 638855

St Ilid, Crai, LD3 8YP

Church wardens: Gwyn Price 01874 638844

Beryl Price 01874 636271

St David, Llywel, LD3 8RG

Church warden: Lynn White 01874 636293

St Teilo, Llandeilo'r Fân, LD3 8UD

Church wardens: Valerie Lewis 01874 636485

Mervyn Prosser 01874 638261

Capel Rhydybriw, Sennybridge, LD3 8RT

Church warden: Thurza Morgan 01874 638106

St Mary, Traeanglas, LD3 8RE

Church wardens: Ivor Pugh 01874 638158

Bess Jones 01874 636256

#### Benefice Announcements

We will be holding a service of Compline at Capel Rhydybriw on Mondayy evening during Advent (November 28th and December 5th, 12th and 19th). This is a short contemplative service which will start at 7:30pm.

In Lent 2017, there will be a study group using the York Course materials. Look out for details in your church.

Dan-yr-Epynt B	Benefice
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Ss Cynidr and Mary, Aberyscir LD3 9NW

Church wardens: Marion Davies 01874 622270

Richard Field 01874 611524

The Parish Church, Bettws Penpont, LD3 8EU

Church wardens: Robert MacDonald 01874 638085

Ivor Morgan 01874 624087

St Maelog, Llandefaelog Fach, LD3 9TT

Church wardens: Betty Prothero 01874 622620

Jenny Steger 01874 610747

St Michael, Llanfihangel Nant Bran, LD3 9NA

Church warden: Fiona Jones 01874 636687

St Michael and All Angels, Lower Chapel, LD3 9RE

Church wardens: Elizabeth Stephens 01874 611989

Roger Tonkin 01874 610709

St Cynog, Merthyr Cynog LD3 9SD

Church wardens: David Evans 01874 690 206

St David, Trallong LD3 8HP

Church wardens: Jackie Oliphant 01874 611862

Peter Thole 01874 636371

St Cynog, Capel Dyffryn Honddu, Upper Chapel, LD3 9RG

Church wardens: Dorcas Slaney 01874 690377

Susan Williams 01874 690301

#### Editorial Team

John Clifford	Carn y Castell, Sennybridge	01874 638178
Sue James	Ty Siloh, Llandeilo'r Fân	01874 636126
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#### From the study window

What a drama awaits us! The Christmas story with its shepherds and manger. It is so familiar that we hardly give it a second thought. Yet how dramatic the change for humankind nothing could be quite the same again.



How familiar we are with change in our lives, from day to

day life changes in some many ways. Yet for some people change can be disturbing even frightening. Change is part of life, part of creation. The greatest change of all comes with the birth of Jesus the Incarnation as it is often known. God came among us as one of us to share our human life. This is the heart of the Christmas story but it is not the only change. Changes happen in our lives every day. The variety of our services is changing as well as who leads us in our worship. Alongside this change comes a change in who may be admitted to communion. From Advent Sunday this year all people of whatever age who have been baptised in the name of the Trinity - Father, Son and holy Spirit- may be welcomed to communion. This is no new thing but a return to the practise of the early Church, when all who were baptised were admitted to communion. The sacrament of confirmation will still exist but it will fulfil its true purpose now of people publicly taking upon themselves the promises made at their baptism.

Change is happening all around us and rather than look back with rose-tinted spectacles to a past which often never really existed we should embrace that change and usher in exciting times when we can together explore the riches of the mystery of Christ. What better time to begin than reflecting upon the wonder and awe of the Birth of Jesus?

Lord, help us to approach the Christmas story with a fresh sense of wonder and awe as we think of Jesus: the Son of God, yet born of Mary. May we embrace and rejoice in the change He came to bring to us and to all people, the change of the Kingdom of heaven and welcome change in our lives day by day. Amen.





Confirmation

Would anyone wishing to be confirmed please contact Vicar Faul so that classes may be arranged.

#### Blaenwysg Regular Services

Sunday	First	Second	Third	Fourth
9:30 am	Crai (Matins)	Crai	Rhydybriw	Crai
11:00 am	Defynnog	Llywel (Family Service)	Defynnog	Llywel
2 pm			Traeanglas	
3 pm		Llandeilo'r Fân		
4:30 pm	Llywel			Defynnog (Evensong)

A combined service is held at 10 am on the fifth Sunday. The next combined service will be on January 29<sup>th</sup> at St David's Llywel. Holy Eucharist is held at Trecastle Community Centre at 10:30 am each Thursday and at 10 am on the first Wednesday of each month at Capel Rhydybriw.

#### Forthcoming services in Dan-yr-Epynt

	9.15am	11am
1st Sunday	Merthyr Cynog	Trallong
2nd Sunday	Aberyscir	Lower Chapel
3rd Sunday	Llandefaelog	Llanfihangel Nant
		Bran
4th Sunday	Merthyr Cynog	Bettws Penpont
5th Sunday	In rotation	10:30

Note: Upper Chapel services are being held at Merthyr Cynog until further notice

The combined service will be at 10:30.

Please note that fifth Sunday services will alternate between Dan-yr-Epynt and Blaenwysg.







#### Remembering Betty Williams

In September the church and community of Traeanglas, Trecastle and Sennybridge came together to remember the life of Betty Williams. In recent years she lived in Sennybridge but before retiring she lived at Sychnant Farm. At 99, she remained a loyal member of Traeanglas and had been our organist for many years. Betty was always willing to help out in any way and we all thoroughly enjoyed her company. We were delighted when she shared her clear memories of life in the countryside in past times.

#### Remembrance Day at Lower Chapel

Our Remembrance Day service on the 13th November started at 10:50, rather than the usual 11:00 and everyone was on time. The church was



decorated with poppies and a war grave memorial, which incorporated a tin helmet, soldier's rifle and barbed wire from both world wars. The rifle was constructed from pieces that were found on the Normandy beaches. Our thanks go to Andrew and Julie Hoare for their work in decorating the church. Following the playing of the Last Post, the two minutes silence was held at 11.00am, joining with many such silences across the country, which is always a poignant moment.

#### News from the Pews

#### St Cynog, Defynnog

We were delighted to welcome the pupils of Sennybridge School to celebrate their Harvest Festival. This is a wonderful opportunity to strengthen our ties with the school. This Autumn we have also welcomed two families who have brought their babies for Baptism: Oscar John Gould and Nia Evelyn Williams.

This Advent we are looking forward to hosting the combined Minstry Area Carol Service on December 22nd and hope that you will join us for this lovely service and the delicious seasonal refreshments to follow.

#### St Ilid, Crai

We look forward to a wonderful Christmas here in Crai where, once again, we will host our Carol service with 'live' nativity. This has become a Crai tradition. I wonder how many little girls have been 'angels', or young infants been baby Jesus, then of course there are the shepherds. When there is a new baby in the village, Church members mentally run through a check list: will it be old enough? Will the parents be willing? Having sorted out the human elements there are the animals to find.

We would like to thank, in advance, everyone who takes part this year. We could not do it without you and Christmas in Crai would not be the same without this service. Thank you.

Please note one change this year will be the Christmas Morning Eucharist which will take place at 9 a.m. but it will still be followed by hot drinks and mince pies. A warm welcome to all.

#### Capel Rhydybriw, Sennybridge

Capel Rhydybriw continues what has now become a tradition of hosting the Compline services in Advent and look forward to seeing you there. We will also be holding the service on Sunday 1st January 2017 at 10 am.

Did you know our little church is "open all hours" and we frequently welcome service personnel from the camp who enjoy the peace and prayerfulness of the church.

#### St Mary, Traeanglas

We enjoyed spectacular Autumn colours coming to church to give thanks for another Harvest. We thank everyone who joined us for the service and again at our annual Bingo evening which was good fun.

In September, with great sadness, we came together for the funeral of Betty Williams. We extend our sympathy to her family.

#### St David, Llywel

As many may have seen St Davids has taken on a very different appearance recently as our tower has been encased with scaffolding in anticipation that work will be able to start as soon as we have the final decision from HLF. That decision is still awaited, but we are promised we will hear during November. We did though receive good news at the end of October regarding our CADW grant application and we have been awarded £32,866 towards the repair project. So things are moving in a positive direction.

Away from the repairs project, we have enjoyed two harvest services, along with the Benefice Remembrance service which was well supported as we took time out of our busy schedules to reflect and remember.

Finally, the Friends group hosted a festive demonstration evening in Trecastle community centre and we thank everyone once again for their valued support. A great evening, with the demonstrators giving us some super ideas and the opportunity to catch up with friends over a glass of mulled wine and a mince pie.

#### St Teilo, Llandeilo'r Fân

Good weather, allowing for an extended beautiful autumn, gave the village community the chance to give the grass a final trim in the churchyard prior to the funeral of Gwyn Harries of Cwmllech. As a well known farming elder in the valley he will be sorely missed.

On September 10th we saw new faces as well as regulars for an Open Doors day at St. Teilo's. Both the church Records and those of Beilidu Chapel were available to study and refreshments were served in the church to visitors. We look forward now to welcoming everyone to our Advent and Christmas services. Our Christmas Eve Eucharist service, with carols, will be held at 6pm, with refreshments in the hall to follow.







#### Ss Cynidr and Mary, Aberyscir

Unfortunately our October service was cancelled but we were able to go ahead with our raffle. The winner was Gaynor Thomas of Pontaryscir who very generously donated half the prize back to the church. Second prize went to Trevor Morgan, our local sheepdog trainer, who appropriately won the half lamb. The total raised by the raffle amounted to £767 and together with the year's Gift Aid refund of £612 will go a long way to meeting our next Parish Share bill.

In addition to our Remembrance Eucharist we also remembered those affected by the Aberfan tragedy. This is particularly relevant to us, as one of our long time members lost her child on that dreadful day.

#### **Bettws Penpont**

Mrs Susan Garnons-Ballance, Abercamlais House's, passing in September cast a shadow over us at Penpont. She had been a stalwart in every sense, being warden and treasurer for a number of years. Her funeral was held on 23rd September at her beloved Church, Bettws Penpont.

On a lighter note, Penpont House celebrated 350 years in October with a hive of activities and the Church was decorated with a Harvest theme. On the Sunday afternoon, Mrs Sophia Lloyd and Mr David Price played a selection of Music which was gratefully appreciated.

We look forward to hosting the Christmas Day Service for the Benefice.

#### St Maelog, Llandefaelog

On 23<sup>rd</sup> September we combined with Merthyr Cynog church for a coffee morning. Thank you to everyone who participated. It is always good to amalgamate forces if one or other church has problems doing it alone.

We would also like to thank all those involved in strimming our church yard over the last few months which has prevented it turning into a hay field.

As we had no special Harvest Service this year, we sang harvest hymns at our October service, and would like to thank Colin and Neville for their ongoing support in playing the organ for us.

#### St Cynog, Merthyr Cynog

We are looking forward to hosting the Christmas Eve Service at 6pm and seeing you and your families there.

#### St Michael, Llanfihangel Nant Bran

Even the thunder and lightning did nothing to dim the quality of sound produced by the mixed choir of Cor Y Ffynnon Llanddew on a wet Sunday evening in October at St Michaels Church.

A full house listened to an eclectic repertoire under the leadership of Mary Evans, ably supported by the local talent of Sophie Jones and Marc Williams accompanied by David Price. The evening ended with a wonderful feast for everyone in the hall provided by the whole community. Thanks to all.

#### St Michael and All Angels, Lower Chapel

We would like to thank everyone who supported our Coffee Morning at Bishop Bevan Hall on October 28<sup>th</sup> which made a profit of £374.

At the end of October Lower Chapel hosted the first fifth Sunday combined Ministry Area service. It was good to see around 50 people, representing the majority of churches in the Ministry Area enjoying our Harvest celebration and sharing in the Lord's Supper, led by Rev. Paul Wilding. The church was colourfully decorated by the ladies from several of the churches.

#### St David, Trallong

A short Harvest Thanksgiving Service was held at Trallong hall, led by Margaret Blake, and followed by our Harvest Supper. Good food and a relaxed and informal evening was enjoyed by all. Flowers were presented to Patrick and Margaret Blake for their Golden Wedding Anniversary and special birthday wishes were expressed to Ian Davies.

#### St Cynog, Capel Dyffryn Honddu Upper Chapel

The Churchwardens of Upper Chapel have applied for closure of the church.

#### From the Registers

We gave thanks for the life of:

Nancy Irene Davies of Trecastle Elizabeth (Betty) Gwenllian Williams of Sennybridge Gwyn Harries of Pentrebach Mair Jones of Crai Susan Garnons-Ballance of Abercamlais House

We welcomed Oscar John Gould on September 4th and Nia Evelyn Williams on October 9th into the Church at St Cynog's Church, Defynnog

#### Chapel services - Winter 2016 / Early Spring 2017

Horeb Chapel, Crai: Each Sunday at 10.30 am.

Dec 11th 2	2pm	Saron	Cwmwysg
Dec 11th 2	2pm	Ty Newydd	Trecastle*
Dec 24th 6	:30pm	Horeb Chapel	Crai
Jan 1st 2	2pm	Ty Newydd	Trecastle
Jan 8th 2	2pm	Saron	Cwmwysg
Jan 22nd 2	2pm	Zoar Chapel	Pentrefelin *
Jan 22nd 2	2pm	Saron	Cwmwysg
Feb 5th 2	2pm	Ty Newydd	Trecastle
Feb 12th 2	2pm	Zoar Chapel	Pentrefelin
Feb 26th 2	2pm	Saron	Cwmwysg
Feb 26th 2	2pm	Ty Newydd	Trecastle*
Mar 5th 2	2pm	Ty Newydd	Trecastle
Mar 26th 2	2pm	Zoar Chapel	Pentrefelin*

<sup>\*</sup>these are Communion services.

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#### Cynog Honddu Fundraising Group.

The Hundred Club had 45 members and during the last 12 months there have been 4 draws resulting in 16 Prize Winners. If you would like to join the hundred club for 2017, please contact Liz Stevens as soon as possible on 01984 611989.

Our Christmas Coffee Morning at the Bishop Bevan Hall will be on 9<sup>th</sup> December. We look forward to your support.

#### Christmas Colouring









### Usk Reservoir Unveiling the new plaque



The Upper Usk Valley Rural Alliance (UUV), would like to thank everyone who made our event on October 22nd such a success.

The project was conceived by the UUV in 2015 when the Reservoir celebrated its 60th birthday. The sites of the stolen plaques were sad scars on the landscape at this beautiful site. Welsh Water / Dwr Cymru generously agreed to fund replacements and so we set about finding out the history of the Reservoir so that we could create a fitting commemoration.

We were delighted to welcome Dame Shân Legge-Bourke, Lord Lieutenant of Powys to unveil the plaque. We were fortunate to enjoy a sunny afternoon for the ceremony. This memorable afternoon was followed by a delicious tea in Trecastle Community Hall. As well as welcoming local dignitaries, we were delighted to see many people from the community, especially those who remembered the building of the Usk Reservoir. We were especially glad to have an interesting and thought provoking presentation from Lynne Davies.



#### Epynt a'r Wysg at the Sennybridge Show.

In September, our Ministry Area went out beyond the walls of our buildings and into the local showground. We featured photographs of our fourteen churches and highlighted some of our shared activities such as 'Dementia Friendly' training, As a sign of our commitment to the wider community, we publicised the work of the Brecon and District disABLEd Club: more commonly known as 'Dial-a-Ride'. It was an exceedingly wet and stormy day

and customers were almost non-existent. Nevertheless, we did raise some money and recently had the following acknowledgement from them.

"May I, on behalf of the Council of Management and members of Brecon disABLEd Club, thank the Epynt a'r Wysg churches for the very kind donation of £20.00 towards the Brecon Dial-a-Ride service. The service costs the club a tremendous amount of money annually, the majority of which we have to raise ourselves. We greatly appreciate everyone's help, without which it would be almost impossible to continue providing our community's most relied upon service. Please pass on our sincere thanks to all concerned."

Perhaps, as a Ministry Area, we could 'adopt' this charity for 2017 and provide further support?

Contact Margaret Blake or Siân Miller if you would like to help with fund raising.



#### Meanwhile

Sweetings Bakery opening hours, until the new venture is launched:
Wednesday to Saturday, 10.00am to 5.00pm Orders welcome – 07929 021897
Latest news - www.facebook.com/SweetingsBakery

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#### Off The Bus Club ...



An exciting term when we learnt about 'Reaching Romania' a Christian charity helping children, and others, in Romania. We made Christmas cards to go into the shoe boxes that are distributed by the charity. On Monday 31<sup>st</sup> October we had a light party celebrating the light of Jesus in a dark world and we are looking forward to celebrating Christmas with another party.

#### Guiding in Sennybridge

We have been in the news this November: "Scouts and guides provide 'mental health boost for life'," BBC News reports. A study of adults with a scouting or guiding background found they were less likely to be anxious or depressed in later life... an 18 year old Girlguiding member Emma Brodey, said "Girlguiding is ... for the girl. It offers a safe space where they can be themselves, build their confidence and escape from the ever-increasing pressures in their lives. Women tell us every week that their accomplishments and memories through guiding have lasted throughout their

This term we have been climbing at Dinas Rock, gorge walking, achieved our First Aid badge, and visited Chester Zoo. We are open to all girls aged 5 to 14 years and, of course, adult volunteers are always welcome.

lives"



Contact Liz

Matthews on 01874 636797

#### Winter Calendar

Fri Dec 2nd 7pm	Bingo in aid of St Ilid's Church, Crai	Neuadd y Plwyf Crai
Sat Dec 3rd 2-4pm	Children's church crafts	Trecastle Community Centre
Sat Dec 3rd 7:30 for 8pm	Family Christmas Show Adults £8, families of 4 £20, OAPs - £7. More info from C Davies 01874 690342	•
Tues 6th Dec 2pm	Christmas Concert	Sennybridge School
Tues 6th Dec 7pm	Sennybridge WI Woodcraft with Mr Gareth Unwin	Maescar Hall
Tues 6th Dec 7pm	Merthyr Cynog WI - Poems and carols night	Community Hall, Upper Chapel
Thurs 8th Dec 6pm	Christmas Concert	Sennybridge School
Fri 9th Dec 10am	Joint Honddu Cynog Fundraising Group	Bishop Bevan Hall
Sat 10th Dec 10:30am	Decorating the hall and Christmas tree	Neuadd y Plwyf Crai
Mon 12th Dec 1pm	Senior Citizens Christmas Meal - sponsored by Merthyr Cynog Community Council. Free to MC residents, £10 for those living outside. Area. Ring 01874 622892 to book	Upper Chapel
Mon 12th Dec 7:30pm	Trallong Annual Poultry Whist Drive -	Trallong Village Hall
Sun 18th Dec 11 am	Children's Nativity	Llywel Church
Sun 18th Dec 3pm	Ebenezer Carol Service. Nativity and carols and visit by Father Christmas – all most welcome.	Community Hall, Upper Chapel
Sun 18th Dec 4pm	Following the Christmas Carol service in church, a party for the local children featuring a certain Father Christmas as the special guest! Contact Margaret or Fiona.	Llanfihangel Nant Bran Village Hall
Sun 18th Dec 2-4pm	Decorating the Christmas trees with seasonal refreshments	St Cynog's Church, Defynnog

Tues 20th Dec 7:30pm	Mulled wine, mince pies and carols	Neuadd y Plwyf Crai
Wed 21st Dec 10:30 am	Coffee morning	Neuadd y Plwyf Crai
Tues 27th Dec 6:30pm	Crai Christmas Party	Neuadd y Plwyf Crai
Sat 31st Dec 9pm	New Year's Party (please bring your own drinks)	Neuadd y Plwyf Crai
Tues 3rd Jan 7pm	Sennybridge WI members' evening	Maescar Hall
Fri Jan 20th 7:30pm	Pentrebach Sports Whist Drive	Neuadd Llandeilo'r Fân Hall
Sat Jan 28th 7:30pm	Noson Lawen	Neuadd y Plwyf Crai

#### Weekly Diary

Mondays	3:45 - 5pm	Off the Bus Club	Neuadd y Plwyf Crai
Mon - Thur	9:30 - 12:30 pm	Cylch Meithrin	Sennybridge Youth Wing
Tuesdays	1:00 - 3pm	Toddler Group	Sennybridge School
	5:30 - 7 pm	Brownies (age 7 - 10)	Sennybridge School Hall & Youth Wing
	7:00 - 8:30pm	Girl Guides	Sennybridge Youth Wing
	7:30pm	Table Tennis	Trallong Village Hall
Wednesdays	1:00 - 3:30 pm	Afternoon bowls	Maescar Hall
	5:00 - 6:00 pm	Rainbows (age 5 - 7)	Sennybridge School Hall
	7:00 - 9:00 pm	Short Mat Bowls	Maescar Hall
	6:30 pm	Knitting Club	Trecastle Community Hall
	7:30 pm	Trecastle YFC	Trecastle Community Hall
		Pontfaen YFC 7 pmFull range of activities. Age 10 upwards	Community Hall, Upper Chapel
Thursdays	6:30 - 7:30	Zumba	Maescar Hall
	7:30 pm	Trallong Ladies Choir	Maescar Hall
	7:30 - 8:30 pm	Bell ringing	St Cynog's Church, Defynnog

Friday	pm	Sennybridge Junior Football Club	Riverside Park (football ground)
		Badminton 7pm - All welcome	Community Hall, Upper Chapel
		Keep fit, yoga and art groups contact Margaret Blake	Llanfihangel Nant Bran Village Hall
		tanyllan2@gmail.com	

Check with the organiser that your event is running.

#### Monthly Diary

First Monday	Community Garden Club	Crai Village Hall
First Tuesday	Sennybridge WI	Maescar Hall
	Merthyr Cynog WI. Contact Liz : 01874 611989	Community Hall, Upper Chapel
Second Tuesday	Trecastle Ladies Guild	Trecastle Community Hall
LastTuesday	Honddu Ladies Group Contact Liz 01874 611989 or Dawn 01874 624524	Community Hall, Upper Chapel
	Senior Citizens (Evergreens) 2 - 4 pm	Community Hall, Upper Chapel
First Wednesday	Merched Crai	Neuadd y Plwyf Crai
	Trallong WI	Trallong Village Hall
Third Wednesday 10am -12 noon	Brecon & District Mind Coffee Morning	Maescar Hall
Fourth Wednesday		Trallong Village Hall
Last Wednesday	Craft Club	Neuadd y Plwyf Crai
Third Thursday	Worship Meeting	Bronydd Mawr Farm
Second and Fourth Friday	Flix in the Stix (Contact Alan Bloss)	Trallong Village Hall
Chapte	Book Club - contact  Margaret Blake  tanyllan2@gmail.com	Llanfihangel Nant Bran Village Hall

Check with the organiser that your event is running.



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Home-Made and **Locally Produced Cakes** 

Gluten/Dairy Free Options Available Full Afternoon Tea (Pre-booking required) Light Lunches served 12-2:30pm OAP Special Friday - 15% off - 12-3pm Take-Away Drinks and Cakes Free Wi-Fi

Open 10-5pm - Tuesday to Saturday

www.cobblerstearoom.co.uk www.facebook.com/cobblerstearoom1 cobblerscakes@gmail.com 01874 638360



#### An ideal gift for the person who has everything.

· Half day trek with Welsh tea picnic around our 200 acre organic farm or a full day trek from the farm up onto the hill to Llyn y Fan complete with picnic and scenic views.

OR

 If trekking isn't your thing we have hands on lambing days. A no holds barred experience complete with wholesome lunch.

For the arty types why not try a fleece to felt day. Start by shearing your sheep then wash and felt part of the fleece into a picture to take home.

Find stunning pictures of Sheep trekking at www.sheeptrekking.co.uk For full details of all our experience days check out www.gooddayout.co.uk Looking to stay a while? Take a peek at www.abercottages.com P.S Did we say that all our experience days include a donation to a farming charity: the Royal Agricultural Benevolent Institution (RABI)?



#### Christmas Services



Sun 18th Dec 9:30 am	Holy Eucharist	Capel Rhydybriw
11am	Nativity Service	St David, Llywel
3pm	Family Christmas Carol Service (followed by Children's Party in the Hall)	St Michael, Llanfihangel Nant Bran
6:30 pm	Nativity Service	St Ilid, Crai
Wed 21st 7pm	Christmas Service	St David Trallong
Thurs 22nd Dec 7pm	Ministry Area Carol Service	St, Cynog's Defynnog
Sat 24th Dec 6pm	Holy Eucharist with Carols	St Teilo, Llandeilo'r Fân
6pm	Christmas Service	St Cynog, Merthyr Cynog
6:30 pm	Carol Service	Horeb Chapel, Crai
9pm	Holy Eucharist with Carols	St Mary, Traeanglas
11:50pm	First Mass of Christmas	St, Cynog's Defynnog
Christmas Day 9am	Holy Eucharist with Carols	St Ilid, Crai
11am	Christmas Day Service	Bettws Penpont
Sun 1st January 10am (Circumcision of Jesus)	Holy Eucharist	Capel Rhydybriw

Epynt a'r Wysg Ministry Area Carol Service Thursday 22nd December at 7pm in Defynnog Church



All welcome